**Michigan State University Extension**

**Child and Family Development November Offerings**

**MSU Extension has a wide range of free online classes for parents, caregivers and early childhood professionals. See below for our November offerings! And check out our Facebook page for more information and resources at** [**MI Stronger Family - MSU Extension**](https://nam05.safelinks.protection.outlook.com/?url=https%3A%2F%2Furldefense.com%2Fv3%2F__https%3A%2Fgcc01.safelinks.protection.outlook.com%2F%3Furl%3Dhttps*3A*2F*2Fwww.facebook.com*2Fmistrongerfamily%26data%3D02*7C01*7Cleslied1*40michigan.gov*7C1f3b468dc58a4feb6fe208d837f5be47*7Cd5fb7087377742ad966a892ef47225d1*7C0*7C0*7C637320877008516992%26sdata%3DgIfUJHK*2BaP2qesZdZf28MKISQOO49RkrqbWcVEbOhIU*3D%26reserved%3D0__%3BJSUlJSUlJSUlJSUlJSU!!HXCxUKc!jjfl_1_uw5UHJApcens6lgU6Rif4PF9q9AGQpPRLMTlkpJwE9QIA4dnZAbIJ9Kcf%24&data=02%7C01%7CSara.Sims%40townsquareinteractive.com%7Cd836d29c5064411fd26808d86f7de21b%7Ca473edd8ba254f04a0a8e8ad25c19632%7C0%7C0%7C637381934210067659&sdata=%2FbM8OkIeLPV%2FN2oYfrjxRs2q8O%2BsYQerk%2ByUgtd2tfo%3D&reserved=0)**.**

**Extension Extra’s Parenting Hour**

This free online series of parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings as follows:

         **Class dates:**

o   **11/3/20:** Positive Discipline

o   **11/10/20:** RELAX: Alternatives to Anger for Parents and Caregivers

o   **11/17/20:** Raising Young Readers

o   **11/24/20:** How Children Develop

         **Registration:** [https://msu.zoom.us/webinar/register/WN\_hg\_gIPoxTr2Q4iORzctDeQ](https://nam05.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmsu.zoom.us%2Fwebinar%2Fregister%2FWN_hg_gIPoxTr2Q4iORzctDeQ&data=02%7C01%7CSara.Sims%40townsquareinteractive.com%7Cd836d29c5064411fd26808d86f7de21b%7Ca473edd8ba254f04a0a8e8ad25c19632%7C0%7C0%7C637381934210067659&sdata=uNL4v3xbPgd%2BVmIg2OTi%2BoP84BQN2oaGfS2PlhlZKbk%3D&reserved=0)

         Attached are flyers for these workshops

For more information contact Courtney Aldrich at [aldric82@msu.edu](mailto:aldric82@msu.edu)

**Parenting Series**

**Guiding Principles for Highly Successful Families**

This five week series is for parents of toddlers to teens and will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent.

         **Class dates:** 11/16, 11/23, 11/30, 12/7, & 12/14 from 7:30-9:00 PM EST

         **Registration:** [https://bit.ly/GPNov2020](https://nam05.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbit.ly%2FGPNov2020&data=02%7C01%7CSara.Sims%40townsquareinteractive.com%7Cd836d29c5064411fd26808d86f7de21b%7Ca473edd8ba254f04a0a8e8ad25c19632%7C0%7C0%7C637381934210077607&sdata=NE2TKZeo1oanKz4tdHUaujzGr3W162hx2sc2a3hJMxQ%3D&reserved=0)

         Attached is a flyer and graphics for social media

**Building Early Emotional Skills (BEES) for Parents**

This four week series is for parents of children ages 0-3 and will help parents learn about their young child’s social emotional development including managing biting, tantrums, and supporting your child’s emotions.

         **Class dates:** 11/3, 11/10, 11/17 & 11/24 from 7:30-9 PM EST

         **Registration:** [http://bit.ly/NOVBEES2020](https://nam05.safelinks.protection.outlook.com/?url=http%3A%2F%2Fbit.ly%2FNOVBEES2020&data=02%7C01%7CSara.Sims%40townsquareinteractive.com%7Cd836d29c5064411fd26808d86f7de21b%7Ca473edd8ba254f04a0a8e8ad25c19632%7C0%7C0%7C637381934210077607&sdata=D2Mq4Ch4NsJYkL%2FUfS95D4Aeygy7zU1LjhJdQQdyNH4%3D&reserved=0)

         Attached is a flyer and graphics for social media

For more information contact Kylie Rymanowicz at [rymanow1@msu.edu](mailto:rymanow1@msu.edu)

**Early Childhood Professional Development Classes**

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

**Understanding a Toddler’s World**

         11/19/20 7:00-8:30 PM

         **Registration:** [https://msu.zoom.us/webinar/register/WN\_mysgmZCqQrGV9CAsnF08qA](https://nam05.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmsu.zoom.us%2Fwebinar%2Fregister%2FWN_mysgmZCqQrGV9CAsnF08qA&data=02%7C01%7CSara.Sims%40townsquareinteractive.com%7Cd836d29c5064411fd26808d86f7de21b%7Ca473edd8ba254f04a0a8e8ad25c19632%7C0%7C0%7C637381934210087556&sdata=wj6iQyoXdY21GvqR3RmJ7TrK9WWc58qnThu8vjShAAA%3D&reserved=0)

Attached are flyers for these workshops. For more information contact Vivian Washington at [washi138@msu.edu](mailto:washi138@msu.edu)