

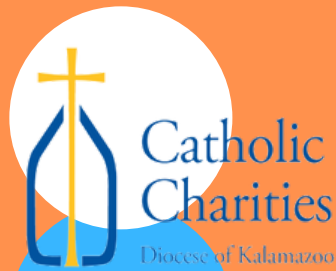
# CAREGIVER CONNECTION CATHOLIC CHARITIES DIOCESE OF KALAMAZOO



Are you a caregiver for someone with a disability? Do you sometimes feel alone or overwhelmed? We invite you to join us for our virtual gathering to build relationships, share experiences, and create a supportive community. We'll spend some time getting to know each other and share a brief reflection on the Sunday scriptures.

**Jan-June  
2023**

We gather via ZOOM on the first Sunday of the month\*\* from 1:00 - 2:00 p.m.  
(\* on holiday weekends we shift to the second Sunday - see dates below)



Sessions usually are about an hour in length.

## REGISTER ONLINE:

[www.ccdok.org/connections-registration](http://www.ccdok.org/connections-registration)

You can also register by contacting Lisa Irwin at [lisairwin@ccdok.org](mailto:lisairwin@ccdok.org) OR by phone at (269) 381-9800, ext. 227

**WE'D LOVE TO HAVE  
YOU JOIN US AND  
OTHER CAREGIVERS  
FOR REFLECTION AND  
SUPPORT**

**FUTURE DATES:**  
January 8, 2023  
February 5, 2023  
March 5, 2023  
April 2, 2023  
May 7, 2023  
June 4, 2023