

# GYGO Parenting Class

## TOPICS COVERED:

Baby Development  
Hygiene/Health  
Time Management  
Relationships  
Nutrition  
Positive Discipline  
Safety In/Outside  
Sexuality



With  
**Marti Jensen**  
Caring Network Supervisor

**All Classes are Free!!**

and are held every Tuesday for 7 weeks  
1:30 to 3:00 pm

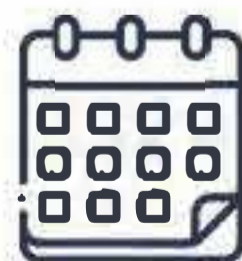
Upon completion of the 7 weeks,  
participants will receive a  
certificate of completion

VIRTUAL CLASSES  
ON MICROSOFT TEAMS  
THROUGH  
CARING NETWORK

Register with your email:  
[info@ccdok.org](mailto:info@ccdok.org)

Please give full name, working email  
address, and mention "signing up for  
GYGO"

## Class Schedule for 2025



Feb 11 thru Mar 25

April 1 thru May 13

May 20 thru July 1

Sep 9 thru Oct 21